



Invitation to a Ceremonial Trituration of the Hawthorn (*Crataegus*)

With Dr. Roland Guenther, MD, PhD

Hawthorn is one of the oldest herbal remedies for heart diseases. It has been used for more than a thousand years in both European and Native American herbalism and still today it is one of the most popular healing plants on the market. Still we do not know much about its message for our soul. This is what I invite you to discover.

A Ceremonial Trituration is a sacred encounter with the spirit of a part of nature, which here will be the Hawthorn. Each participant will have a very personal encounter and communication with it. It will guide us into its energetic world and reveal its mystery to us.

For more information about Ceremonial Triturations please check out the website www.m-in-n.com (the Mystery in Nature).

Location: #4-234 West 11th Avenue, **Vancouver.**

Date and Time: Friday, January 22nd to Sunday 24th.



Schedule: **Friday** 7.00 pm Introduction into the technique, the history, the energetic and the use of a Ceremonial Trituration. This evening is a preparation for the weekend, yet open to everybody interested in energetic and spiritual healing.

Saturday 9.30 am to about 5pm: trituration

Sunday 9.30 am to about 2 pm: Completion of the trituration.

Fee: Between \$150 and \$ 350. You can choose at your sole discretion.

Registration: Register with Roland via email roland@m-in-n.com . If there are any questions you may give him a call @778 433 4386.

If you have your own mortar and pestle, by all means bring it!